



## XXVI Annual Conference of Karnataka Association of Community Health



On 10<sup>th</sup> & 11<sup>th</sup> October 2014

Theme:

“Nutrition and Health: Challenges and Opportunities”

&

Pre-conference CME on “Bio-Medical Communication”

On 9<sup>th</sup> October 2014

Organised by:

Department of Community Medicine

K.L.E. University's

Jawaharlal Nehru Medical College,

Nehru Nagar, Belgaum – 590 010, Karnataka, India

Website: [www.kachcon.in](http://www.kachcon.in), Email: [kachcon2014@gmail.com](mailto:kachcon2014@gmail.com)

Phone No.: +91-831-2471350 / +91-831-2473777 Extn. – 4065, 4092

Participants will be awarded credit points by Karnataka Medical Council

Dear Friends,

With great pleasure we invite you to Belgaum, the second capital city of Karnataka for the forthcoming **26<sup>th</sup> Annual Conference of Karnataka Association of Community Health** to be held on **10<sup>th</sup> and 11<sup>th</sup> October 2014**. The Conference is preceded by a one day CME on **9<sup>th</sup> October 2014**. A great opportunity and honour is given to us to host this conference for the second time after a gap of eight years. We will leave no stone unturned to make this conference an academic feast which will be a memorable event to everyone. Highly enthusiastic colleagues in the department are putting their best efforts for the success of the conference.

**Belgaum**, also called ‘Kundanagari’, is famous for education, business activities, salubrious weather and a pleasant, hospitable cosmopolitan atmosphere.

Your presence and active participation is the key for the grand success of the conference. We look forward to your whole hearted participation.

**Karnataka Association of Community Health (KACH):**

KACH is the professional body of Community Health and Public Health specialists in Karnataka. It was constituted as a society in the year 1984, and has completed its “Silver Jubilee” last year. With more than 500 life members, the society is thriving hard to empower the Community Health professionals to combat various public health issues.

**Host Institute:**

The KLE Society, one of the biggest societies in India, was established in 1916. At present, the society runs more than 240 educational institutions in every sphere of education and health, starting from Kindergarten to University in India as well as abroad. It treasures about ten thousand dedicated staff and ninety thousand students in these institutions. Built on the strong belief in the values of education, it continues to have a glorious unstinted growth by extending a yeoman service to the people.

The KLE University (incorporating Health Science Institutions of KLE Society), which is accredited ‘A’ Grade by NAAC and placed in category ‘A’ by MHRD Govt. of India, was established on 13<sup>th</sup> April 2006. It is aiming at Research and Academic excellence in Health Professionals’ education.

Jawaharlal Nehru Medical College, which is one of the constituent colleges of the KLE University, celebrated its ‘Golden Jubilee’ in 2013. The college imparts high standard of education in Under-graduate, Post-graduate, Super-specialty and Ph. D. courses in various disciplines.

The Department of Community Medicine has got good infrastructure with all modern facilities for teaching undergraduate and post graduate students. Three Primary Health Centers and three Urban Health Centers are under total administrative control of the Department and College under Public-Private Partnership, catering the primary health care needs of more than two lakh population. Other than basic infrastructure, PHC Kinaye has additional facilities like Telemedicine, PG and Interns hostel, mess and recreational facilities, which are provided by the college and is one of the best Primary Health Centres in Belgaum District.

Dr. Prabhakar Kore Hospital & Medical Research Center, Belgaum with Charitable Hospital having 2,400 Beds is one of the largest hospitals in the country. Equipped with state of art facilities for modern health care, it provides tertiary level medical care to the population of Northern Karnataka, Goa and Southern Maharashtra.

#### Venue :

The main venue of the deliberations will be conducted at Dr. B. S. Jirge Memorial Auditorium in the J. N. Medical College Campus, which is well equipped with all facilities.

#### Sight seeing :

There are many historical and places of tourist interest in and around Belgaum like Gokak falls, Sogala falls, Godachinmalki falls, Hidkal Dam, Kamal Basti, Saundatti Yallamma Temple, Dandeli, Bijapur, Badami, Banashankari, Aihole, Pattadkal, Goa, Kolhapur Mahalaxmi Temple, Amboli hill station, etc.

**Transport :** Belgaum is well connected by Rail, Road & Air.

#### Theme for Conference:

“Nutrition & Health: Challenges and Opportunities”

Nutrition is a core pillar of human development. Today, the world faces a double burden of malnutrition – both under nutrition and overweight, especially in developing countries. Malnutrition, in all forms, is a major contributor to disease and early deaths among women and children. Undernutrition, including micronutrient deficiencies, contributes to about one third of all child deaths, and impairs healthy development and lifelong productivity. At the same time, growing rates of overweight are linked to a rise in non- communicable diseases.

In this regard, there is a need for concerted efforts that are aimed to stimulate policies and interventions to combat this problem. This conference is one such effort.

#### Essay and E-Poster competition:

- Post Graduates and Undergraduates registered for the conference are eligible to participate.
- Topic for Essay : “Fifty years of nutritional programmes.... What have we achieved?”
- Topic for E-Poster: “Obesity and under nutrition – two faces of the same coin”

#### Abstract Submission:

- Last date for abstract submission, essay & e-poster submission will be 1<sup>st</sup>September 2014.
- Full paper must be submitted by those interested to compete for best paper award on or before 10<sup>th</sup> September 2014.

Refer website : [www.kachcon.in](http://www.kachcon.in) for further details

#### Registration details:

All payments to be made by Demand Draft in favour of “KACHCON 2014”, payable at Belgaum, Karnataka and should be sent

To,  
Conference Secretariat,  
Department of Community Medicine,  
J. N. Medical College, K. L. E. University,  
Nehru Nagar, Belgaum – 590 010.

The payments can also be made through Internet Banking,  
A/c. No. : 05042010114815,  
IFSC Code : SYNB0000504  
Bank : Syndicate Bank, Nehru Nagar Branch, Belgaum – 590 010  
or through Cash directly.  
Cheques and Postal Orders are not accepted.

Category	Last date for registration - 15 <sup>th</sup> September 2014	***Spot Registration
KACH Members	Rs. 2,200	Rs. 2,500
Non members	Rs. 2,400	Rs. 2,700
PG Students*	Rs. 1,500	Rs. 1,700
UG Students / Interns**	Rs. 1,300	Rs. 1,500
Co-delegates***	Rs. 1,000	Rs. 1,300
Registration for Pre- .Conference CME: (all Staff / PG / UG / Interns.)	Rs. 600	Rs. 800

\* *PG Students have to submit a letter stating that they are bona fide PG students duly signed by the respective HOD.*

\*\* *UG Students / Interns have to submit a letter stating that they are bona fide UG students / Interns duly signed by the respective Dean / Principal.*

\*\*\* *Co-delegates will not be issued any conference kit.*

Delegates who are unable to attend the CME/Conference, after having paid their registration fees, must provide a written request for the refund. The refund policy is as mentioned below.

Date of intimation for cancellation	Refundable amount
Up to 31 <sup>st</sup> August, 2014	75%
1 <sup>st</sup> Sept. 2014 or later	Nil

## Tentative Programme Schedule

### Pre-Conference CME - Bio-Medical Communication

Thursday, the 9<sup>th</sup> October 2014

- 9.00am to 5.00 pm **Dr. Geetanjali Batmanabane**,  
Professor of Pharmacology, JIPMER, Puducherry
- Dr. Sitanshu Sekhar Kar**,  
Assoc. Prof. of Preventive & Social Medicine,  
JIPMER, Puducherry
- Dr. S. Manikandan**,  
Asst. Prof. of Pharmacology, Indira Gandhi Medical  
College & Research Institute, Puducherry

### CONFERENCE

Day 1 : Friday, the 10<sup>th</sup> October 2014

8.00 am to 9.30 am Registration & Breakfast

#### Session – 1: Nutrition and Life style diseases

- 9.30 am to 10.00 am **'Role of diet in Prevention of Coronary Heart Diseases'**  
**Dr. M. D. Dixit**, Director,  
KLEs Heart foundation, Belgaum
- 10.00 am to 10.30 am **'Dietary Risk Factors in Non-communicable Diseases'**  
**Dr. Avula Laxmaiah**,  
Scientist 'E' Grade, Dy. Director, NIN, Hyderabad
- 10.30 am to 11.00 am **'Diet and Cancer'**  
**Dr. Sharad Desai**,  
Onco-Surgeon, M.G. Cancer Hospital, Miraj.
- 11.00 am to 11.15 am Tea Break
- 11.15 am to 12.00 noon Inaugural function
- 12.00 noon to 1.00 pm **Sri. B. M. Patil** Oration
- 1.00 pm to 2.00 pm Lunch Break

#### Session – 2 : Symposium – “Nutrition from Womb to Tomb”

- 2.00 pm to 3.30 pm
- 1) **Pre-conception Nutrition** : **Dr. S. S. Goudar**, JNMC, Belgaum
- 2) **Nutrition in Pregnancy** : **Dr. Shobana Patted**, JNMC, Belgaum
- 3) **Nutrition in Children** : **Dr. Devaraj Raichur**, KIMS, Hubli
- 4) **Nutrition in Adolescents** : **Dr. Preeti Galagali**, Bangalore
- 5) **Nutrition in Elderly** : **Dr. Anand Ambli**, BLDEU, Bijapur
- 3.30 pm to 3.45 pm Tea Break

### Session – 3 : Nutrition Programmes

- 3.45 pm to 4.15 pm **'Nutrition intervention programmes in India – Special focus on food fortification'**  
**Dr. Avula Laxmaiah**,  
Scientist 'E' Grade, Dy. Director, NIN, Hyderabad
- 4.30 pm to 5.30 pm Free Paper Session – I
- 5.30 pm to 7.00 pm KACH General Body Meeting at  
**Dr. B. S. Jirge Auditorium**
- 7.00 pm to 8.00 pm Cultural Programme at **Dr. B. S. Jirge Auditorium**
- 8.00 pm onwards Banquet at **JNMC Lawns**

Day 2: Saturday, the 11<sup>th</sup> October 2014

8.00 am to 9.00 am Breakfast

#### Session – 4 Micronutrient Deficiency

- 9.00 am to 9.30 am **'National IDD control Programme in India Current status and future strategies'**-  
**Dr. Umesh Kapil**, Prof. of Gastroenterology &  
Human Nutrition, AIIMS, New Delhi
- 9.30 am to 10.00 am To be announced
- 10.00 am to 11.30 am Panel Discussion – **'Severe Acute Malnutrition' (SAM)**  
  
**Dr. V. D. Patil**, Registrar, KLEU & Prof. of Pediatrics, JNMC, Belgaum  
**Dr. C. R. Banapurmath**, Prof. & Head of Pediatrics, JJMMC, Davanagere  
**Mr. Muniraju K.**, Deputy Director, ICDS, Belgaum  
**Dr. R. R. Dhanwadkar**, Retd. RCH Officer, Belgaum  
**Dr. P. R. Walvekar**, Prof. of Community Medicine, JNMC, Belgaum
- 11.30 am to 11.45 am Tea Break
- 11.45 am to 1.00 pm Free Paper Session – 2
- 1.00 pm to 2.00 pm Lunch Break

#### Session – 5 Evidence Based Interventions

- 2.00 pm to 2.45 pm **'Relevance of Recommendations of Lancet Nutrition Series-2013 in India'**  
**Dr. Umesh Kapil**, Prof. of Gastroenterology &  
Human Nutrition, AIIMS, New Delhi.
- 2.45 pm to 3.30 pm **'End Game strategy on Poliomyelitis'**  
**Dr. Anil B. S.**, SMO, WHO Country Office for  
India, NPSP Unit, Belgaum.
- 3.30 pm to 4.30 pm Valedictory function
- 4.30 pm onwards High Tea

## Office Bearers of 'Karnataka Association of Community Health' 2014-15

President : Dr. Ashok S. Dorle      Vice Presidents: Dr. G. Gangabaraiah  
Secretary : Dr. M. Dayananda      Dr. S. M. Katti  
Joint Sec. : Dr. Muralidhar M. K.      Treasurer: Dr. Ranganath T. S,  
Dr. Ashok J

### ORGANISING COMMITTEE

#### CHIEF PATRONS

Dr. Prabhakar B. Kore, M.P.      Prof. (Dr.) Chandrakant K. Kokate,  
Hon. Chancellor, K.L.E. University      Hon. Vice-Chancellor,  
& Chairman, K.L.E. Society, Belgaum      K.L.E. University, Belgaum

#### PATRONS

Prof. (Dr.) V. D. Patil,      Prof. (Dr.) A. S. Godhi,  
Registrar, K.L.E. University, Belgaum      Principal, J. N. Medical College, Belgaum

#### ADVISORS

Dr. H. B. Rajashekhar, Director, USM-KLE International Medical Program, Bgm.  
Dr. M. V. Jali, MD & CEO. KLES Dr. Prabhakar Kore Hospital & MRC, Belgaum  
Dr. (Mrs.) N. S. Mahantshetti, Vice-Principal, J. N. Medical College, Belgaum  
Dr. R. S. Mudhol, Medical Supdt., KLES Dr. Prabhakar Kore Charitable Hosp. Bgm.  
Dr. Appasaheb S. Naratti, District Health and Family Welfare Officer, Belgaum  
Dr. A. S. Wantamutte, Professor & Head, Dept. of Community Medicine,  
USM – KLE International Medical Program, Belgaum  
Dr. (Mrs.) Vijaya A. Naik, Professor, Dept. of Com. Med., JNMC, Belgaum.

**Chairman:**      **Secretary:**      **Joint Secretary:**  
Dr. S. M. Katti, *Prof. & Head*      Dr. Shivaswamy M. S.      Dr. Yogesh Kumar S.  
Cell: 9448597877      Cell: 9448294702      Cell: 9448273305

**Scientific Committee:**      **Souvenir:**      **Reception & Registration:**  
Dr. Deepti M. Kadeangadi      Dr. Padmaja R. Walvekar      Dr. Yogesh Kumar S.  
Dr. Asha A. Bellad      Dr. Rajesh R. Kulkarni      Dr. Umesh Charantimath  
Dr. Sulakshana Baliga      Mr. V. B. Patil      Dr. Avinash Kavi

**Transport & Accomdn. :**      **Inauguration & Stage:**      **Catering:**  
Dr. Rajesh R. Kulkarni      Dr. Girija S. Ashtagi      Dr. Chandra S. Metgud  
Dr. Umesh S. Charantimath      Smt. S. A. Hukkeri      Dr. Sanjay Kambar

**Treasurer:**      **Cultural :**      **Memento:**  
Mr. M. D. Mallapur      Dr. Asha A. Bellad      Dr. Sanjay Kambar

Sl.No.	ACCOMODATION DETAILS Hotel Names	Single Room + Tax	Double Room + Tax	Family Room 3/4 Bedded Room (+ Tax)	Distance from Conference Venue	Check out Time
1	Hotel Ramdev Tel: 0831-2470132/2472913/2471690/2473011 e-mail: hotelramdev@rediffmail.com hotelramdevbelgaum@gmail.com	595/- 1100/- AC	795/- 1600/- AC	975/-	0.5 Km	24 Hrs
2	Hotel Sai Sangam International - Tel: 0831-2493555 e-mail: reception@hotelsangamint.com	-	875/- 1400/- (AC,D)	1350/- (D) 1700/- (AC) 1650/- 4 Beds 2000 AC 4 Beds	0.6 Km	24 Hrs
3	Hotel Rakshit International Tel: 0831-2470999/2472999/2470219 email: rakshitinternational@rakshitinternational.com	--	675/- 1000 (AC) 1500 (AC,E)	--	0.5 Km	24 Hrs.
4	Hotel Shrisagar - Tel: 0831-2473311/2472441 e-mail: shrisagarhotelbgm@gmail.com	750/-	900/- 1500/-	--	0.5 Km	24 Hrs.
5	Hotel Milan - Tel: 0831-2425555	500/- 600/- (D)	749/- 950 (S) 1500 AC	850/-	2.5 Kms	24 Hrs.
6	Hotel Sanman Deluxe - Tel: 0831-2430777/2420777 e-mail: enquiry@sanmandeluxe.com	950/-	1350/(S) 1600/(S,D) 1800/- S - AC 2500/- D - AC	--	3.5 Kms	24 Hrs.
7	Hotel Adarsha Palace - Tel: 0831-2435777 e-mail: reservation@adarshapalace.com	1400/-	1600 2200 (S - AC) 2800/- (E AC)	2300/-	3.5 Kms	24 Hrs.
8	Eefa Luxury business Hotel - Tel: 0831-2498777 e-mail: resv@eefabelgaum.com	3000/- 9500/- (Club)	3200 10,000/- (Club)	--	3 Kms	12 Noon
9	Hotel Shiva - Tel: 0831-2474945	450/-	650/- 1014/- AC	--	0.5 Km	24 Hrs.
10	Rohan Residency - Tel: 0831-4205402	495/-	650/- 1000/- AC 1200/- E, AC	--	0.5 Km	24 Hrs.